

Prayer at start of mass

Dear Guardian Angel, go for me to the church,
there kneel down at Mass for me.

At the Offertory, take me to God, and offer Him my service:

What I am, what I have, offer as my gift.

At the Consecration, with your seraphic strength,
adore my Saviour truly present,
praying for those who have loved me,
for those who have offended me,
and for those now deceased,
that the blood of Jesus may purify them all.

During Holy Communion, bring to me the Body and Blood of Jesus
uniting Him with me in spirit, so that my heart may become His dwelling place.

Plead with Him, that through His sacrifice all people throughout the world may be saved.

When the Mass ends, bring home to me and to every home, the Lord's blessing. Amen.

Spiritual Communion Prayer (for after Communion)

My Jesus, I believe that you
are in the Blessed Sacrament.

I love you above all things,
and I long for you in my soul.

Since I cannot now receive you
Sacramentally, come at least
spiritually into my heart.

As though You have already
come, I embrace You and unite
myself entirely to You;
never permit me to be
separated from You. Amen.